

# Prevention & Intervention



## Prevention & Intervention – where preventive cardiology meets interventional cardiology

2024 Edition

Lifetime management of cardiovascular risk and disease – from the young to the elderly

OCTOBER 11–13, 2024 | WARSAW, POLAND

### PROGRAMME

#### MAIN STAGE

#### WORKSHOPS

11.10.2024

13:30 - 13:50 *break*

13:50 - 15:10 **Young Hearts at Risk:**  
Epidemiology of cardiovascular disease in young adults

15:10 - 16:00 *break*

16:00 - 17:20 **Cardiometabolic Crossroads in Young Adults:**  
Prevention, intervention, and management

17:20 - 17:40 *break*

17:40 - 19:00 **Integrative Strategies in Cardiology:**  
Bridging antithrombotic therapy and frailty across the lifespan

08:30 - 13:30

**Hands-on Workshop I**  
Crack-the-calcium - from diagnosis to management of the calcified lesions

*sponsored sessions*

08:30 - 13:30

**Hands-on Workshop II**  
From baseline to residual risk - imaging, lipids and inflammation - how to estimate CV risk in an integrated way

*sponsored sessions*

12.10.2024

09:00 - 10:20 **Bridging the Gap:**  
Innovative strategies in ischemic heart disease management

10:20 - 10:40 **Opening ceremony**

10:40 - 12:00 **Navigating the Beat:**  
Cardiac arrhythmias in the XXI century - from the young to the old

12:00 - 12:20 *break*

12:20 - 13:40 **Reviving the Heart:**  
Breakthroughs in understanding and treating heart failure

13:40 - 14:40 *lunch*

08:30 - 11:15

**Workshop III**  
Striking the Balance - Mastering Antithrombotic Therapy: A guide to balancing bleeding and ischemic risks

*sponsored sessions*

11:25 - 12:40

**Women Leadership - how to overcome the barriers: mentoring, advocating, sponsoring - together. Development of personal and professional skills in the field of leadership in healthcare.**

Networking session for all healthcare professionals. Join the WIC session to learn how to improve personal skills in the field of leadership in health care and to advance into leadership positions in various medical and healthcare professions and to support more women physicians to work with industry and how to strengthen the message regarding diversity, equity and inclusion in cardiology world.

12:55 - 14:40

**Workshop IV**  
Optimizing Outcomes: The role of physiology and imaging in enhancing percutaneous coronary intervention safety & efficacy

*sponsored sessions*

14:40 - 16:00	<b>Call for action: Prevention&amp;Intervention AMI in women</b>
16:00 - 16:20	<i>break</i>
16:20 - 17:40	<b>Women in Cardiology Symposium Empowering Her Heart: Strategies for combatting cardiovascular diseases in women</b>
17:40 - 18:00	<i>break</i>
18:00 - 19:20	<b>Enduring Hearts: Mastering the management of congenital and acquired valvular conditions</b>

15:25 - 17:40 **Workshop V**  
**Imaging the Heart: Mastering the art of valvular disease diagnosis**

*sponsored sessions*

17:55 - 19:30 **Connect not separate - the role of women in the generation gap - networking session**

13.10.2024

09:00 - 09:30	<b>Clinical Trials 2024 Wrap-up</b>
09:30 - 10:50	<b>Cardiovascular Care Compass: Navigating 2024 ESC Guidelines</b>
10:50 - 11:10	<i>break</i>
11:10 - 12:30	<b>Heart in Motion: The power of physical activity in cardiovascular health</b>
12:30 - 12:50	<i>break</i>
12:50 - 14:10	<b>Lifesaving to Life-Changing: from acute cardiac care to lifetime management</b>
14:10 - 14:20	<i>break</i>
14:20 - 15:40	<b>Gender of the Heart: Exploring cardiovascular health across the gender spectrum</b>
15:40 - 16:40	<i>lunch</i>
16:40 - 17:40	<b>Patient Centered Session</b>

09:30 - 10:30 **"Women's health case corner"**

Sex-specific risk factors & disorders  
 Cases centered around comprehensive management of sex-specific risk factors and disorders addressing strategies for preventing CVD

10:30 - 10:45 *break*

10:45 - 12:05 **Breathing Life: Understanding pulmonary circulation**

12:05 - 12:15 *break*

12:15 - 13:15 **"Women's health case corner"**

Cardiometabolic diseases  
 Cases focused on: Diabetes Mellitus, Hyperlipidemia, Obesity, Hypertension

13:15 - 13:30 *break*

13:30 - 14:30 **"Women's health case corner"**

Coronary artery disease  
 Cases focused on: ANOCA, INOCA, MINOCA, SCAD

14:30 - 14:45 *break*

14:45 - 15:45 **"Women's health case corner"**

Aortic valve stenosis  
 Cases focused on diagnosis and treatment of aortic valve stenosis