



ВСЕУКРАЇНСЬКЕ ОБ'ЄДНАННЯ  
ФІЗИЧНИХ ТЕРАПЕВТІВ

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Dear colleagues,

We are receiving an overwhelming number of letters of support with offer to assist Ukrainian therapists during the Russian-Ukrainian war. At this time, many of our colleagues are still working on the ground, but that depends on the region. Those regions of Ukraine that have been significantly hit by shelling/missiles are seeing a large number of displaced persons both internally and abroad, including our colleagues. Some rehabilitation facilities are not operating at this time. We have explored current needs of physical and occupational therapists are at this time there is no clear consensus on what is needed and where due to the varied and constantly changing situation. Most assistance needed is for medication and food of the wounded and the displaced.

Taking into account the abovementioned facts, we suggest that at this time foreign colleagues who are seeking ways to help Ukraine make donations to the [Ukrainian army](#) and [Red cross](#).

Some Ukrainian colleagues have expressed the need for resources on how to assist children with intellectual disabilities/Autism spectrum disorders.

At present, we are organizing a brief practical online learning course for first aide and management of the wounded for therapists. In addition, a support group for therapists is being organized by occupational therapists.

We also suggest holding videoconference meetings to discuss challenges for rehabilitation in Ukraine, possible ways of cooperation, planning relevant activities. If you are ready to discuss joint actions to support physical therapy in wartime, we will be happy to schedule a date and time for the meetings.

Thank you for your solidarity and support. Ukraine is fighting for Europe. We appreciate Europe standing with us along the way.

Glory to Ukraine!

Sincerely,  
Head of the board of  
Ukrainian Physical Therapist Association

A handwritten signature in blue ink, appearing to be 'Tetyana Baryshok'. The signature is stylized and fluid, with a long horizontal stroke extending to the right.

Tetyana Baryshok

**To contribute  
our public organization  
Ukrainian Physical Therapists Association**

**The funds will be used for:**

- implementation of the initiative to develop the profession of physical therapist,
- preparation of materials for the effective work of specialists,
- targeted assistance to specialists and rehabilitation institutions related to the war,
- covering the administrative costs of the NGO UPTA

**Donate NGO UPTA:**

€ **UA663052990000026006030124102**

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